

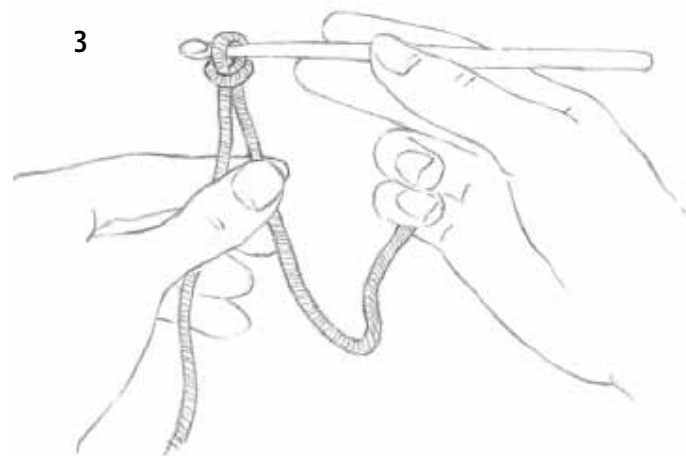
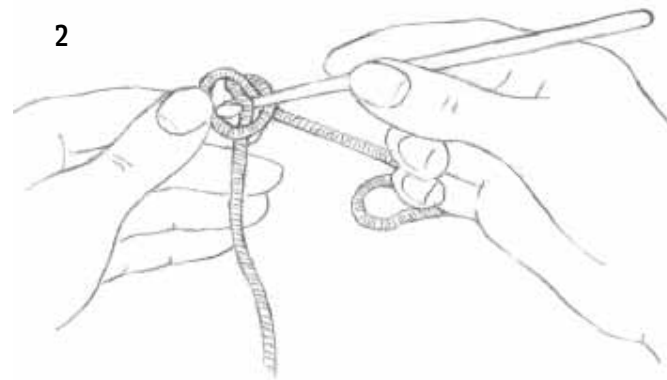
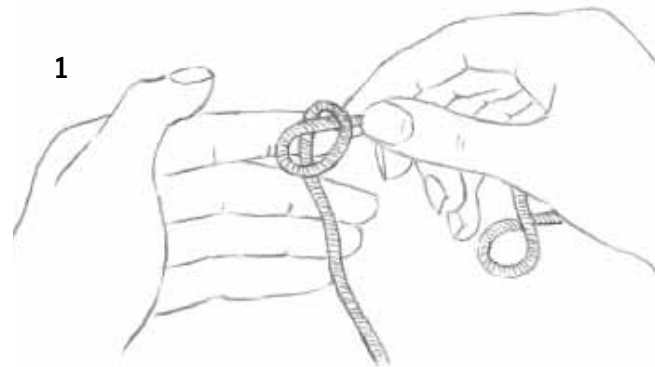
## Making a slip knot

To begin to crochet, you need to make a slip knot on the hook. Unlike knitting, there is only ever one stitch on the hook at any one time and the slip knot is the starting point for all stitches that go to make up the finished work.

**1** About 6 inches from the end of the yarn make a loop by taking the short end over the yarn and then letting the end hang down behind the loop formed.

**2** Insert the hook from right to left under the yarn and draw it through the loop, as shown.

**3** Pull down on both ends of the yarn. The knot will slide up and tighten around the hook.



## Holding the hook

Crochet is so simple because all you need to do is hold one hook and work one stitch at a time. There are two ways to hold the hook, so try out both of them and see which you find more comfortable.

### Pencil grip

Hold the hook as if it were a pencil. Grasp the flat part of the hook between your thumb and index finger and have the stem resting across the curve between your thumb and index finger.



### Knife grip

Hold the hook as if you were using a knife. Grasp the flat part of the hook between your thumb and index finger but have the back of your hand on top of the hook with the stem under your palm.



### Left-hand method

Crocheting with the left hand is exactly the same as with the right hand but with the hook and yarn position reversed; hook in the left hand, yarn wrapped around the right hand.